

## BHARATANATYAM YEAR – 1 EXAMINATION (PRACTICAL)

Note: all Adavus must be practiced in 3 speeds

1. Namaskaram
2. Aramandi practice and basic warm-up exercises
3. Tatta Adavu (8 variations)
4. Natta Adavu (8 variations)
5. Paraval Adavu (Visharu Adavu) (3 variations)
6. Kuditamitta Adavu (4 variations)
7. Tat Tai Tam - Dhit Tai Tam Adavu (4 variations)

## BHARATANATYAM YEAR – 1 EXAMINATION (THEORY)

1. Meaning of Namaskaram
2. Explain the term Bharatanatyam
3. Who is Smt. Rukmini Devi Arundale?
4. Definition of hand gestures (hastas/mudras) in Bharatanatyam
5. Define single and double hand gestures (Asamyukta hastas , Samyukta Hastas).
6. Identify and explain the meaning of single hand gestures.
7. Talam for Tatta Adavu in all 3 speeds
8. Mooshika Vahana shloka with meaning on Ganapathi and Dhyana shloka with meaning on Lord Shiva.
9. Identify the pictures of the following deities.
  1. Ganapathi
  2. Nataraja
  3. Brahma
  4. Vishnu
  5. Maheshwara
  6. Saraswathi
  7. Laxmi
  8. Parvathi
  9. Murugan
  10. Hanuman



## BHARATANATYAM YEAR – 2 EXAMINATION (PRACTICAL)

Note: all Adavus must be practiced in 3 speeds

1. Tat Tai Tam - Dhit Tai Tam Adavu (5<sup>th</sup> and 6<sup>th</sup> variations)
2. Veasal Adavu (4 variations)
3. Utplavana Adavu (2 variations)
4. Sayal Adavu (3 variations)
5. Mandi Adavu (2 variations)
6. Karthari Adavu (1 variation)
7. Sarukkal Adavu (1 variation)
8. Katthi Adavi (1 variation)
9. Tha Hatha JamThari Tha Adavu
10. Tha DhinGina Thom Adavu
11. KitaThakaThariKitaThom Adavu
12. Alaaripu - Thisram

## BHARATANATYAM YEAR – 2 EXAMINATION (THEORY)

1. General information on Smt. Rukmini Devi Arundale.
2. Identify and explain the meaning of double hand gestures.
3. Movements:-  
Siro bhedam (head), Drishti bhedam (eyes), Griva bhedam (neck)
4. Deva Hasatas.
5. Dashavatara Hastas (Matsya, Kurma, Varaha, Narasimha, Vamana, Parashurama, Rama, Balarama, Krishna, Kalki)
6. Navagraha Hastas.
7. Baandhava Hastas.
8. Talam for Alaaripu.
9. Story of Ganapathi, Nataraja, Hanuman (associated things such as what they did in this world, about their birth, their duties, parents, siblings, children etc.)



## BHARATANATYAM YEAR – 3 EXAMINATION (PRACTICAL)

1. Chill Adavu (5 variations) with 5 Jaathis
2. Formation of Korvei with the Mukthayee
3. Jathiswaram (traditional format) – one item as decided by the teacher.
4. Shabdam (traditional format) – one item as decided by the teacher.
5. Tillana (traditional format) - one item as decided by the teacher.

## BHARATANATYAM YEAR – 3 EXAMINATION (THEORY)

1. Definition of 3Ns of Bharatanatyam:-Nritta, Nritya and Natya.
2. Definition of Adavu, Korvai, Taandavam, Laasyam.
3. Definition and detailed explanation of Shabdam, Jathiswaram, Thillana in the context of Bharatanatyam.
4. Musical instruments used in Bharatanatyam concert.
5. Talam for Jathiswaram, Shabdam and Tillana
6. Able to write short story of Ganapathi, Brahma, Vishnu, Maheshwara, Saraswathi, Laxmi, Parvathi, Muruga, Krishna, Hanuman (not limited to body structure, pose, facial and physical features, associated things, what did they do in this world, how were they born, what were their duties, parents, siblings, children etc.)
7. Write a small paragraph on Smt. Rukmini Devi Arundale



## BHARATANATYAM YEAR - 4 EXAMINATION (PRACTICAL)

1. Varnam (traditional format) – one item as decided by the teacher.

## BHARATANATYAM YEAR - 4 EXAMINATION (THEORY)

1. Definition of Jathi, Jaathi, Ghathi, Theermanam.
2. Definition and meaning of Abhinayam in Bharatanatyam dance.
3. How Natya is related to Abhinaya.
4. Types of Abhinayam
  1. Angikabhinaya (Bodily gestures for song lyrics)
  2. Vachikabhinaya (words spoken during a natya)
  3. Aaharyabhinaya (description of ornaments, make-up and costumes)
  4. Sattvikaabhinaya (depict mental state/mind)
5. Paada Bhedhas.
6. Musical instruments used in Bharatanatyam concert.
7. Detailed explanation of Varnam in the context of Bharatanatyam.
8. Talam for Varnam
9. Other classical and folk dances of Tamilnadu and Kerala.
10. Describe Salangai Pooja.
11. Story of key characters in Ramayana and Mahabharatha.



## BHARATANATYAM YEAR - 5 EXAMINATION (PRACTICAL)

1. Keerthanam (traditional format) – one item as decided by the teacher.
2. Padam (traditional format) – one item as decided by the teacher.
3. Ashtapadhi (traditional format) – one item as decided by the teacher.
4. Javali (traditional format) – one item as decided by the teacher.
5. Pushpanjali - one item as decided by the teacher (optional)

## BHARATANATYAM YEAR - 5 EXAMINATION (THEORY)

1. Analysis of 175 talas in Carnatic music.
2. Details of Nava Rasas and various Bhavas (rasa prakaranam)
3. Detailed explanation of Pushpanjali, Padam, Javali and Asthapadi in the context of Bharatanatyam.
4. Outline of Nayaka and Nayika Prakaranam
5. Describe an Arrangetram.
6. Other classical and folk dances of Orissa and Andhra Pradesh.
7. Story of key characters in Ramayana and Mahabharata in detail (not limited to body structure, pose, facial and physical features, associated things such as what they did in this world, their birth, their duties, their parents, siblings, children etc.). Able to write essay on any key episode in Ramayana and Mahabharata.
8. Life history of Smt. Rukmini Devi Arundale



## BHARATANATYAM YEAR - 6 EXAMINATION (PRACTICAL)

1. Mallari – one item as decided by the teacher.
2. Alaripu (Mishram)– one item as decided by the teacher.
3. Jathiswaram – one item as decided by the teacher.
4. Shabdham – one item as decided by the teacher.
5. Varnam – one item as decided by the teacher.

## BHARATANATYAM YEAR - 6 EXAMINATION (THEORY)

1. Natya Prakaranam
2. Nayaka and Nayika Prakaranam
3. Other classical and folk dances such as Kathak, Manipuri, Folk dances of Gujarath, Rajastan and Punjab
4. Tala Dasa Pranams
5. Planning for a dance drama.
6. Able to write the story of Chillapathikaram, Kalidasa's Shakunthala.



## BHARATANATYAM YEAR - 7 EXAMINATION (PRACTICAL)

1. Kauthuvam – one item as decided by the teacher.
2. Alaaripu (Khandam)– one item as decided by the teacher.
3. Padam – one item as decided by the teacher.
4. Ashtapadi – one item as decided by the teacher.
5. Javali – one item as decided by the teacher.
6. Tillana – one item as decided by the teacher.

## BHARATANATYAM YEAR - 7 EXAMINATION (THEORY)

1. Information on great composers
  1. Jayadeva
  2. Tanjore Quartet
  3. Kshetragnyar
  4. Tyagaraja
  5. Muthuswami Dikshitar
  6. Syama Sastry
  7. Purandara Dasar
2. Information on Swathi Tirunal, Bharatiyar, Oothukadu Venkatasubbaiyer
3. General information on classical ballet dance.
4. Detailed stories of Pancha Kanya, Pancha Bhootam, Pancha Lingam and related temples, six homes of Lord Muruga, Ayyappa.





## BHARATANATYAM YEAR - 8 EXAMINATION (PRACTICAL)

1. Thodaaya Mangalam – one item as decided by the teacher.
2. Padam – one item as decided by the teacher.
3. Keerthanam – one item as decided by the teacher.
4. Tillana – one item as decided by the teacher.
5. Revision of Year 1 to Year 7 items
6. Traditional performance with music– minimum 90 minutes. At least one of the following item must be self choreographed
  1. Jathiswarama
  2. Shabdham
  3. Keerthanam
  4. Tillana
7. Interview an eminent dancer and prepare a write-up/report before the examination.

## BHARATANATYAM YEAR - 8 EXAMINATION (THEORY)

1. Revision of all theory from Year 1 to Year 7
2. Significance of Bhagavad Geetha.
3. Write a report on journey of learning dance from lesson 1 till now.